

EIGHTEENTH SUNDAY IN ORDINARY TIME

Year B

ENTRANCE HYMN

*All the earth proclaim the Lord,
sing your praise to God.*

1. Serve you the Lord,
heart filled with gladness.
Come into his presence,
singing for joy.
2. Know that the Lord is our creator
Yes, he is our Father,
we are his sons.



GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world:
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father:
have mercy on us.

For you alone are the Holy One,
You alone are the Lord,
You alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen

FIRST READING

A reading from the book of Exodus 16:2-4, 12-15
I will rain down bread for you from the heavens.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." 'And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a

coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The word of the Lord.

RESPONSORIAL PSALM Ps 77:3-4,23-25.54 R) v. 24

R. The Lord gave them bread from heaven.

1. The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might. (R.)
2. He commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven. (R.)
3. Mere men ate the bread of angels.
He sent them abundance of food.
He brought them to his holy land,
to the mountain which his right hand had won.
(R.)

SECOND READING

A reading from the letter of St Paul to the Ephesians
4:17, 20-24

Put on the new self that has been created in God's way.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

GOSPEL ACCLAMATION

Jn 14:5

Alleluia, alleluia!

GOSPEL

A reading from the holy Gospel according to John
6:24-35

He who comes to me will never be hungry; he who believes in me will never thirst.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

