

# THIRD SUNDAY OF LENT

Year A

## ENTRANCE HYMN

1. God of mercy and compassion,  
Look with pity upon me,  
Father, let me call Thee Father,  
'Tis Thy child returns to Thee.  
  
*Jesus, Lord, I ask for mercy;  
Let me not implore in vain;  
All my sins, I now detest them,  
Never will I sin again.*
2. See our Saviour, bleeding, dying,  
On the cross of Calvary;  
To that cross my sins have nail'd Him,  
Yet He bleeds and dies for me.



## FIRST READING

A reading from the book of Exodus 17:3-7  
*Give us water to drink.*

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' The Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

The word of the Lord.

**RESPONSORIAL PSALM** Ps 94:1-2. 6-9. R) v.8

**R. O that today you would listen to his voice:  
'Harden not your hearts.'**

1. Come, ring out our joy to the Lord;  
hail the rock who saves us.  
Let us come before him, giving thanks,  
with songs let us hail the Lord. (R.)
2. Come in; let us bow and bend low;  
let us kneel before the God who made us  
for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand. (R.)
3. O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.' (R.)

## SECOND READING

A reading from the letter of St Paul to the Romans 5:1-2.5-8  
*The love of God has been poured into our hearts by the Holy Spirit, which has been given us.*

Through our Lord Jesus Christ by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. This hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even

for a good man - though of course for someone really worthy, a man might be prepared to die - but what proves that God loves us is that Christ died for us while we were still sinners.

The word of the Lord.

## GOSPEL ACCLAMATION

4:42. 15

cf. Jn

Glory to you, O Christ, you are the Word of God!

## GOSPEL

A reading from the holy Gospel according to John 4:5-42

*A spring welling up to eternal life*

\* Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' - Jews, in fact, do not associate with Samaritans. Jesus replied:

'If you only knew what God is offering  
and who it is that is saying to you:  
Give me a drink,  
you would have been the one to ask,  
and he would have given you living water.'

'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?' Jesus replied:

'Whoever drinks this water  
will get thirsty again;  
but anyone who drinks the water that I shall give  
will never be thirsty again:  
the water that I shall give  
will turn into a spring inside him, welling up to eternal life.'

'Sir,' said the woman 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water.' \*

'Go and call your husband' said Jesus to her 'and come back here.' The woman answered, 'I have no husband.' He said to her. 'You are right to say, "I have no husband"; for although you have had five, the one you have now is not your husband. You spoke the truth there.'

\* 'I see you are a prophet, sir' said the woman. 'Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.'

Jesus said:

'Believe me, woman, the hour is coming  
when you will worship the Father  
neither on this mountain nor in Jerusalem.  
You worship what you do not know;  
we worship what we do know;  
for salvation comes from the Jews.  
But the hour will come - in fact it is here already - when  
true worshippers will worship the Father in spirit and truth:  
that is the kind of worshipper the Father wants.  
God is spirit, and those who worship  
must worship in spirit and truth.'

The woman said to him, 'I know that Messiah - that is, Christ - is coming; and when he comes he will tell us

everything.' 'I who am speaking to you,' said Jesus 'I am he.' \*

At this point his disciples returned, and were surprised to find him speaking to a woman, though none of them asked, 'What do you want from her?' or, 'Why are you talking to her?' The woman put down her water jar and hurried back to the town to tell the people, 'Come and see a man who has told me everything I ever did; I wonder if he is the Christ?' This brought people out of the town and they started walking towards him.

Meanwhile, the disciples were urging him, 'Rabbi, do have something to eat'; but he said, 'I have food to eat that you do not know about.' So the disciples asked one another, 'Has someone been bringing him food?' But Jesus said:

'My food is to do the will of the one who sent me, and to complete his work.  
Have you not got a saying:  
Four months and then the harvest?  
Well, I tell you:  
Look around you, look at the fields;  
already they are white, ready for harvest!  
Already the reaper is being paid his wages,  
already he is bringing in the grain for eternal life,  
and thus sower and reaper rejoice together.  
For here the proverb holds good:  
one sows, another reaps;  
I sent you to reap a harvest you had not worked for.  
Others worked for it; and you have come into the rewards of their trouble.'

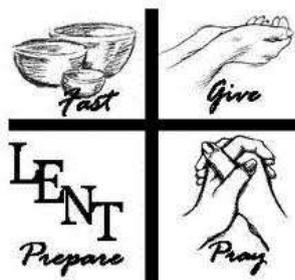
\* Many Samaritans of that town had believed in him on the strength of the woman's testimony when she said, 'He told me all I have ever done', so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

The Gospel of the Lord.\*

**APOSTLES' CREED**

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
(All bow)  
who was conceived by the Holy Spirit  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead,

I believe in the Holy Spirit,  
the holy catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body,  
and life everlasting. Amen.



**OFFERTORY HYMN**

*Take thou the offering thy children make,  
All united for thy name's sake.*

1. Heavenly Father, almighty God,  
We offer Thee this sacrifice.  
Show to us thy mercy, O Lord,  
Forgive us the sins of all our life.
2. To thee, O Lord, our joy we give,  
Our weariness, our work and woe,  
The anxious moments that we live;  
Lighten our burden as we go.

**COMMUNION HYMN**

1. On a hill far away stood an old rugged cross,  
the emblem of suffering and shame;  
and I love that old cross where the dearest and best  
for a world of lost sinners was slain.  
*So I'll cherish the old rugged cross,  
till my trophies at last I lay down;  
I will cling to the old rugged cross,  
and exchange it some day for a crown.*
2. O that old rugged cross, so despised by the world,  
has a wondrous attraction for me;  
for the dear Lamb of God left his glory above  
to bear it to dark Calvary.
3. In that old rugged cross, stained with blood so divine,  
a wondrous beauty I see,  
for 'twas on that old cross Jesus suffered and died,  
to pardon and sanctify me.
4. To the old rugged cross I will ever be true;  
Its shame and reproach gladly bear;  
Then He'll call me some day to my home far away,  
Where His glory forever I'll share.

*Living waters flow on  
Sweep away my pain  
Bring your healing to my heart  
Help me love once again*

1. Cares and worries get me down  
Fear of failure fills my day  
When I'm lost and all alone  
Help me Lord to find Your way
2. People knocking at my door  
Strangers seeking love and care  
Never let me turn them down  
Teach me gently how to share
3. Children come into my life  
With their laughter and their song  
When will I become like them  
Teach me Lord to sing along

**RECESSIONAL HYMN**

1. I have decided to follow Jesus (x3)  
*Ch: No turning back, no turning back*
2. The world behind me, the cross before me (x3)
3. Though none go with me, still I will follow (x3)
4. O take the whole world but give me Jesus (x3)
5. We have decided to follow Jesus (x3)